



# ASHT 2025

## ANNUAL MEETING

OCTOBER 23-25, 2025



SALT LAKE CITY, UTAH

**BLAZE A NEW TRAIL:**

EMBRACING OUR FUTURE, COMMITTING TO SUSTAINABILITY

SALT PALACE CONVENTION CENTER

100 SOUTH WEST TEMPLE • SALT LAKE CITY, UT 84101



WEDNESDAY,  
OCTOBER 22

[HTTPS://MEETINGS.ASHT.ORG](https://meetings.asht.org)



American Society  
of Hand Therapists

**75%  
LESS  
DOC  
TIME  
NOTES WRITE  
THEMSELVES  
CPTs TAG  
THEMSELVES**

**kinetec usa**

part of the MedFac group

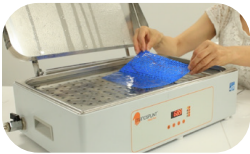
**X-LITE®**







**manosPLINT®**



# ASHT 2025 | LIVE DEMONSTRATIONS!

*Watch our Certified Hand Therapists make a variety of orthoses:*



-   How to make a Mallet in under 2 mins
-   Relative Motion Orthosis
-   Quick and easy precuts

Come and test out our full range of materials, including the Manosplint® & X-Lite® range, heat pans and accessories



**VISIT BOOTH NO.227**

# GENERAL INFORMATION

## REGISTRATION HOURS

### LOCATION: MEZZANINE LEVEL FOYER

Wednesday, October 22 .....	7:00 AM – 6:00 PM
Thursday, October 23 .....	7:00 AM – 7:30 PM
Friday, October 24.....	6:00 AM – 6:30 PM
Saturday, October 25 .....	6:00 AM – 7:00 PM

## SPEAKER READY ROOM HOURS

### LOCATION: ROOM 257 (MEZZANINE LEVEL)

*All presentations must be pre-loaded onto the network computer system. All speakers are encouraged to check in at the Speaker Ready Room at least four hours before their presentation time to verify their presentation uploaded correctly.*

Wednesday, October 22 .....	7:00 AM – 6:00 PM
Thursday, October 23 .....	7:00 AM – 7:30 PM
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Saturday, October 25 .....	7:00 AM – 5:00 PM





# Make the Most of Your Conference Experience with the **ASHT 2025 Mobile App!**

Take Notes | Create Schedules | Notifications | Social Features

## 1. Download the ASHT Events App



Scan the QR Code or go to the Apple App Store or Google Play and search for **ASHT Events**.



App Icon



Event Icon

**Install and open the app.** Find the event icon in the Upcoming Events (bottom row) or search for **ASHT 2025**.

**Tap** the event icon to launch the event's app.

## 2. Login to the App

**Username:** Email address used for registration

**Password:** Registration ID (in registration confirmation email and on your badge)

## 3. App Tips

**Download** the app before you leave home!

**Browse** the event information and create a personal schedule by tapping on the star next to presentation titles.

**If you see the 2024 app**, click on the 3 bars in the upper right hand corner. Click on 'Choose Other Event'. Click on 2025 App icon.

**Questions?** Staff at the Registration Desk can help!



**WIFI Network: ASHT2025      PASSWORD: ASHT2025**

# THE AMERICAN HAND THERAPY FOUNDATION



## Our Mission

The mission of the American Hand Therapy Foundation is to improve patient outcomes by promoting evidence-based practice through funding clinical and scientific research and education.

## Visit our booth!!

# 220

## What do we offer?



### Grants

Our grants support novice and experienced researchers with the goal of expanding scientific evidence, visibility, and quality of upper extremity and hand rehabilitation.



### Scholarships

We provide funding to physical and occupational therapists to advance their professional development. The foundation provides scholarships to promote research education in hand therapy, advanced certification and post-professional education, and the global value of hand therapy.



AHTF Grants



## How can you get involved?

- Apply for grants and scholarships
- Participate in fundraising events
- Make an investment to honor or memorialize a colleague or mentor
- Become a partner
- Donate!!!



AHTF Donations



[www.ahtf.org](http://www.ahtf.org)

# EXHIBIT HOURS

## LOCATION: HALL 4

*\*Dedicated hall hours (does not compete with educational sessions)*

**Thursday, October 23** ..... 7:30 PM – 9:30 PM  
\*Welcome Reception ..... 7:30 PM – 9:30 PM

**Friday, October 24** ..... 9:00 AM – 5:00 PM  
\*Morning Break ..... 9:30 AM – 10:00 AM  
Lunch ..... 12:15 PM – 1:45 PM  
\*Afternoon Break ..... 3:30 PM – 4:00 PM

**Saturday, October 25** ..... 9:00 AM – 1:45 PM  
\*Morning Break ..... 10:15 AM – 10:45 AM  
Lunch ..... 12:15 PM – 1:45 PM



## WI-FI INFORMATION

ASHT is happy to provide Wi-Fi in  
all of the meeting space at the Salt  
Palace Convention Center.  
Wi-Fi Login Information

**NETWORK: ASHT2025**  
**PASSWORD: ASHT2025**

# ONSITE E-POSTER

E-Posters kiosks will be available in the Exhibit Hall located in Hall 4. There will be no physical posters.

## DESIGNATED E-POSTER HOURS:

**Thursday, October 23** ..... 7:30 PM – 9:30 PM  
\*Welcome Reception ..... 7:30 PM – 9:30 PM

**Friday, October 24**..... 9:00 AM – 5:00 PM  
\*Morning Break ..... 9:30 AM – 10:00 AM  
Lunch..... 12:15 PM – 1:45 PM  
\*Afternoon Break ..... 3:30 PM – 4:00 PM

**Saturday, October 25** ..... 9:00 AM – 1:45 PM  
\*Morning Break ..... 10:15 AM – 10:45 AM  
Lunch ..... 12:15 PM – 1:45 PM

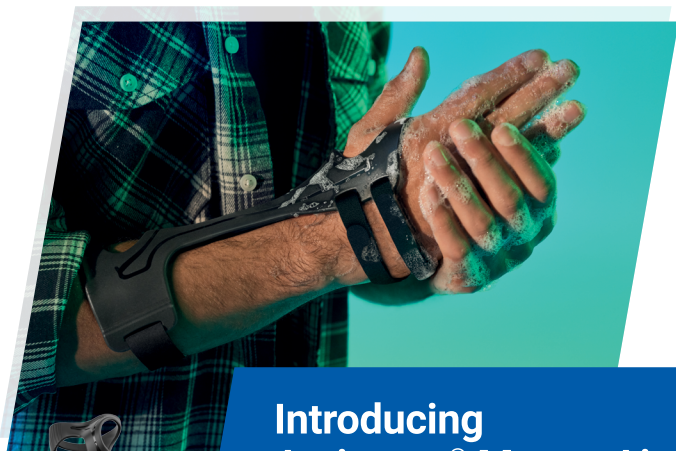


# ADDITIONAL EVENTS

(Receptions, Committee/Division Meetings, Ticketed Events)

DATE	TITLE	TIME	LOCATION
Thursday, October 23	Welcome Reception	7:30 PM - 9:30 PM	Hall 4
Friday, October 24	Let's Be New Together: First-Time Attendee, New Member & Student Networking Breakfast. <i>Sponsored by BraceLab</i>	6:45 AM - 7:45 AM	255 DEF
Friday, October 24	Sponsored Event: Axogen Breakfast Symposium. Waving the Yellow Flag: Bridging the Nerve Injury Feedback Loop	6:45 AM - 7:45 AM	255 BC
Friday, October 24	Hand Therapy Certification Commission: Preparing for the CHT Exam	12:30 PM - 1:30 PM	255 BC
Friday, October 24	International Luncheon: Healing Hands in the Middle East: Training Therapists to Treat Upper Extremity Combat Trauma	12:30 PM - 1:30 PM	255 DEF
Friday, October 24	Student Meet-Up	12:30 PM - 1:30 PM	355 EF
Friday, October 24	Reimagining Immobilization: Functional Cast Therapy Meets Ready-to-Wear Innovation - Hands-on Demo by Essity	12:30 PM - 1:00 PM	355 BC

Friday, October 24	Leadership Development Committee Meeting	12:30 PM - 1:30 PM	355 D
Friday, October 24	Research Division Meeting	12:30 PM - 1:30 PM	355 A
Friday, October 24	Education Division Meeting	12:30 PM - 1:30 PM	259
Friday, October 24	Summit & Sip – “Après- Ski” Social Night (ticketed event)	7:00 PM - 10:30 PM	Off-Site at Garden Place
Saturday, October 25	Leadership Poster Presentation: Empowered to Lead: Shaping the Future of Hand Therapy	12:30 PM - 1:30 PM	255 DEF
Saturday, October 25	Research Community Meeting	12:30 PM - 1:30 PM	255 BC
Saturday, October 25	Outreach Division Meeting	12:30 PM - 1:30 PM	255 A
Saturday, October 25	Practice Division Meeting	12:30 PM - 1:30 PM	355 A
Saturday, October 25	An Introduction to Myoelectric Technology in UE Rehabilitation – Hands-on Demo by Myomo	12:30 PM - 1:00 PM	355 BC
Saturday, October 25	AHTF Fundraiser - Happy Hour with a Scholar (ticketed event)	6:15 PM - 7:45 PM	255 DEF
Saturday, October 25	ASHT Night Out (on your own)	7:45 PM	Off-Site



**Introducing  
Actimove® Manus Air**  
Our first ready-to-wear  
stabilizing fracture wrist brace

**Stop by the Essity Learning Lab**  
**Booth #224 | Friday, Oct 24 | 12:30-1:00pm**

- Understand the principles of Functional Cast Therapy (FCT) and its role in semi-rigid casting & splinting.
- Demonstrate a proper technique for applying a Thumb Spica cast using FCT.
- Identify clinical indications and application methods for the Actimove® Manus Air.



**WEDNESDAY, OCTOBER 22**



**8:00 AM – 8:15 AM**

**Welcome**

255 BC

Emily Ho, PhD, OT Reg. (Ont.)  
2025 Pediatric Specialty Day Co-Chair  
Meagan Pehnke, MS, OTR/L, CHT, CLT  
2025 Pediatric Specialty Day Co-Chair

**8:15 AM – 9:15 AM**

**Resilient Foundation, Versatile Skills Symposium**

255 BC

**Active Movement Scale: A Critical Look at Its Benefits, Challenges, and Real-World Applications**

Ashley Pittman, OTR, CHT  
Lindsey Williams, OT, CHT

**Congenital Hand Conditions: Three Common Diagnoses**

Karen Ayala, MS, OTR, CHT  
Hilton Gottschalk, MD

**Scar Tug of War: The Good, The Bad, The Ugly in Pediatric Hand Burns**

Nichole Schiffer, MOTR/L, BCP, CHT, BT-C

**9:15 AM – 10:15 AM**

**Climbing New Heights, Advanced Clinical Skills Symposium**

255 BC

**A Picture is Worth a Thousand Words: Using Ultrasound to Examine Effects of the Sup-ER Orthosis on Glenohumeral Joint Alignment in Infants with Brachial Plexus Birth Injury**

Sarah Lewis, PT, DPT, PCS

**DAFRA for Pediatrics: Play Activities for Exercise After Nerve Transfer**

Ann Marie Feretti, EdD, OTR/L, CHT

**Using an Evidenced-Based, Creative Approach to Treat Elbow Fractures and Dislocations in the Pediatric Population**

Michelle Hagenbaugh, MS, OTR/L, CHT

10:15 AM – 10:45 AM

**Transition Break**

**10:45 AM – 11:45 AM****Blazing a New Trail, Beyond Traditional Practice Symposium**

255 BC

**Training the Antagonist Muscles Eccentrically (TAME): A Non-operative Approach to Co-Contraction in Brachial Plexus Birth Injury**

James H. Northcutt II, OTR, MOT, CHT

**Brachial Plexus Birth Injury: Navigating Transitions Beyond Childhood**

Emily Ho, PhD, OT Reg. (Ont.)

**Developing Hand Therapy Skills in Physiotherapists in Bolivia**

Andrew T. Bracken, MOT, OTR/L, CHT

Lana Hutchinson, CHT, OTR/L

**11:45 AM – 12:15 PM****Embracing our Future, Sustaining our Profession Symposium**

255 BC

**Exploring New Hand Therapy Ventures Through Doctoral Capstone Mentorship**

Reeti Douglas, OTD, OTR/L

**A Clinical Practice Perspective on the Impact of Student Projects**

Meagan Pehnke, MS, OTR/L, CHT, CLT

12:15 PM – 1:15 PM

255 FOYER

**Lunch & Exhibits****1:15 PM – 2:15 PM****Instructional Concurrent Session 1**

255 DEF

**Optimizing Wound Healing and Hand Function After Hand Contracture Release**

Tymar Fields, MOTR/L, CHT

255 BC

**Empowering Choices: An Interdisciplinary Model for Shared Decision-Making in Upper Extremity Cerebral Palsy Surgical Planning**

Aviva Wolff, EdD, OTR, CHT

355 BC

## **Girls Just Want to Have Fun: Safely Returning Pediatric and Adolescent Female Athletes to Play**

Michael Mueller, OTR/L, CHT

Alexandra Vertus, MS, OTR/L, CHT

2:15 PM – 2:30 PM

### **Transition Break**

**2:30 PM – 3:30 PM**

### **Instructional Concurrent Session 2**

355 BC

## **Pain Talk: Age-Appropriate Approaches for Pediatric Pain Education**

Hannah Gift, OTR/L, CHT, COMT, CEAS

Alyssa Phillips, CSCD, MOT, OTR/L

355 EF

## **Complex Traumatic Injuries of the Pediatric Hand: A Multidisciplinary Treatment Approach**

Alta Fried, MS, OTR/L, CHT

Shaun Mendenhall, MD

255 BC

## **Common Peripheral Nerve Injuries Associated with Pediatric Upper Extremity Fractures**

Karen Ayala, MS, OTR, CHT

Hilton Gottschalk, MD

3:30 PM – 3:45 PM

### **Transition Break**

**3:45 PM – 4:45 PM**

### **Strengthening Evidence-based Practice: Pediatric Protocols**

255 BC

Cara Smith, PT, DPT, CHT, MSHA | Intra-articular Fractures

Sandra Schmieg, OTR, CHT | Syndactyly & Soft Tissue Release

Peggy Faussett, MOTR/L, CHT | Camptodactyly

4:45 PM – 5:00 PM

### **Closing Remarks**

255 BC

Emily Ho, PhD, OT Reg. (Ont.)

Meagan Pehnke, MS, OTR/L, CHT, CLT

**5:00 PM – 6:00 PM**

### **Reception (included with Pediatric Specialty Day registration)**

255 FOYER

## THURSDAY, OCTOBER 23

8:00 AM – 12:00 PM

**4-Hour Pre-Conference Institutes**  
(ticketed events)  
**4 CE Hours**

355 BC

**Treating the Tricky Elbow: Fractures, Tendonitis, and Pain**  
Alison Taylor, OTR/L, CHT, CKTI

255 DEF

**Casting Motion to Mobilize Stiffness (CMMS): Changing the Way We Treat the Stiff Hand**  
Johanna Jacobson-Petrov, MHS, BSc.OT, CHT  
Karol Spraggs-Young, OTD, OTR/L, CHT  
Kantessa Stewart, OTR/L, CHT

10:00 AM – 12:00 PM

**2-Hour Pre-Conference Institutes**  
(ticketed event)  
**2 CE Hours**

355 EDF

**Essentials of Rehabilitation for Partial Hand Amputees: A Multi-disciplinary Approach**  
Chris Baschuk, MPO, CPO, FAAOP(D)  
Alta Fried, MS, OTR/L, CHT  
Shaun Mendenhall, MD

12:00 PM – 1:00 PM

**Lunch on your own**

1:00 PM – 2:00 PM

**Instructional Concurrent Session 1**  
**1 CE Hour**

255 DEF

**Wrist Stabilization: Starting a Resistive Wrist Strengthening Program After Wrist Injury**  
Stephanie Strouse, OTD, OTR/L, CHT

255 BC

**Going for Gold in the Golden Years: Safely Returning Older Adults to Sports and Fitness Following Upper Extremity Injuries**  
Michael Mueller, OTR/L, CHT  
Jim Wagner, OTD, OTR/L, CHT, COMT, CSCS

355 BC

**Bridging the Gap in Orthotic Inclusivity: Sustainable, Accessible, and Customizable 3D-Printed Finger Orthoses Compared to Traditional Methods**  
Natasha Irani, OTD, OTR/L

355 EF

**What Happened to My Hands? Treating the Breast Cancer Survivor with Medication Induced Musculoskeletal Conditions**

Wanda Weimer, MA, OT, CHT, CLT, CEAS

2:00 PM – 2:15 PM

**Transition Break**

**2:15 PM – 3:15 PM**

**Instructional Concurrent Session 2**

**1 CE Hour**

255 DEF

**Building a Stronger Profession: Promoting Racial Diversity and Clinician Resilience in Hand Therapy**

Valerie Aziegbe, OTR/L, CHT, COEE

355 BC

**The Hypermobility Hand: Evidence-based Evaluation and Treatment Solutions**

Jamie Bergner, OTD, OTR/L, CHT, COMT

255 BC

**Promoting Awareness and Early Intervention for Pregnancy-Induced Carpal Tunnel Syndrome**

Laurie Pacheco, BS, MA, OTR/L, CHT

355 EF

**When the Glove Doesn't Fit: Applying Lymphedema Techniques to Treat Severe Edema**

Jessica Si, OTD, OTR/L, CHT, CLT, COEE

3:15 PM – 3:30 PM

**Transition Break**

**3:30 PM – 4:30 PM**

**Instructional Concurrent Session 3**

**1 CE Hour**

255 DEF

**Integrating Cognitive Behavioral Information Therapy (CBIT) into Upper Extremity Rehabilitation: A Holistic Approach to Hand Therapy**

Sabrina Glover, OTD, OTR/L

Theresa Hallenen, DHSc, MS, OTR/L, CHT

Julia Laughlin, OTD

Megan Vrooman, MOT, OTR/L

255 BC

**Forging the Future of Ulnar Wrist Pain Management: Sustainable Practices for Lasting Relief**

Vijay Muni, MS, OTR/L, CHT

355 BC

### Answering Your Hand Therapy Research Questions: A Panel Discussion from ASHT's Research Division

Lori Algar, OTD, OTR/L, CHT  
 Sarah Doerrer, PhD, OTR/L, CHT, CLT  
 Jenny Dorich, PhD, MBA, OTR/L, CHT  
 Sophie Goloff, MS, OTR/L, CHT  
 Katherine Loomis, PhD, OTR/L, CHT  
 Rose McAndrew, OTD, OTR/L, CHT

355 EF

### Pediatric Flexor Tendon Repair and Rehabilitation: Kids' Hands Are Not Just Tiny Adult Hands

Alta Fried, MS, OTR/L, CHT  
 Shaun Mendenhall, MD  
 Meagan Pehnke, MS, OTR/L, CHT, CLT

4:30 PM – 5:00 PM

### Coffee Break

**5:00 PM – 5:30 PM**

### Welcome

HALL 3

Kim Masker, OTD, OTR/L, CHT  
 ASHT 2024-2025 President  
 Cara Smith, PT, DPT, CHT, MSHA  
 ASHT 2025 Annual Meeting Committee Chair

**5:30 PM – 7:00 PM**

### Plenary Session 1 | Opening Session 1.5 CE Hours

HALL 3

**Treating Neuropathic Pain in 2025: From the OR to VR**  
 Bryan J. Loeffler, MD  
 Glenn Gaston, MD  
 Marcie Siebert, MS, OTR/L, CHT

**7:00 PM – 7:30 PM**

### Plenary Session 2 | Presidential Invited 0.5 CE Hours

HALL 3

**The Hand in Art**  
 Bruce Hucko

**7:30 PM – 9:30 PM**

### Welcome Reception & Poster Session

HALL 4

included with Annual Meeting registration

## FRIDAY, OCTOBER 24

**6:45 AM – 7:45 AM**

**Let's Be New Together Breakfast**  
Sponsored by BraceLab

255 DEF

Chris Eddow, PT, PhD, DPT, OCS, WCS, CHT, CLT  
Phyllis Ross, OTD, OTR/L, CHT, CLT

**6:45 AM – 7:45 AM**

**Waving the Yellow Flag: Bridging the Nerve Injury Feedback Loop - Sponsored by Axogen**

255 BC

Danielle Sparks, DHS, MOT, OTR, CHT  
Brandon Smetana, M.D., FAAOS

**8:00 AM – 8:45 AM**

**Plenary Session 3 | Presidential Invited**  
**0.75 CE Hours**

HALL 3

**Give Yourself a Hand**  
Bruce Hucko

**8:45 AM – 9:30 AM**

**Plenary Session 4 | Presidential Address**  
**0.75 CE Hours**

HALL 3

**Reclaiming Connection: The Power of Engagement in Our Work, Our Profession, and Ourselves**

Kim Masker, OTD, OTR/L, CHT

9:30 AM – 10:00 AM

**Coffee Break, Exhibit Hall & e-Posters**

**10:00 AM – 11:00 AM**

**Instructional Concurrent Session 4**  
**1 CE Hour**

255 DEF

**The Power of Collaborative Care in Treating Complex Cases**

Saba Kamal, OTR, CHT  
Gregory Buncke, MD

355 BC

**Bionic Reconstruction for the Painful, Non-functional Upper Extremity**

Alta Fried, MS, OTR/L, CHT  
Ajul Shah, MD



255 BC

**A Musician-Centered Approach to Prevention and Rehabilitation of UE Musculoskeletal Overuse Injuries in Instrumental Musicians**

Aviva Wolff, EdD, OTR, CHT

355 EF

**Flexor Tendon Rehabilitation: Understanding the Anatomy, Science, and Rationale for Post-Operative Protocols**

Hels March, OTR/L, CHT

11:00 AM – 11:15 AM

**Transition Break**

11:15 AM – 12:15 PM

**Instructional Concurrent Session 5**

**1 CE Hour**

255 DEF

**The Rational Clinical Exam of the Hand and Wrist**

Travis Doering, MD

Emily Brackenridge, MS, OTR/L, CHT

255 BC

**Are We Using Orthotic Mobilization Principles Effectively? A Review of Currently Accepted Practices**

Eli Yovits, OTR/L, CHT

355 BC

**Targeted Brain Rehabilitation: A Virtual Reality Training Program to Treat Phantom Limb Pain**

Bryan J. Loeffler, MD

Glenn Gaston, MD

Marcie Siebert, MS, OTR/L, CHT

355 EF

**Blazing the Trail Together: A Collaborative Evaluation Model for Pediatric Hand Surgery**

Roger Cornwall, MD

Jenny Dorich, PhD, MBA, OTR/L, CHT

Amanda Holland, OTR/L, CLT

12:15 PM – 1:45 PM

**Lunch, Exhibits, Posters**

HALL 4

12:30 PM – 1:00 PM

**Reimagining Immobilization: Functional Cast Therapy Meets Ready-to-Wear Innovations – Sponsored by Essity**

355 BC

Carl Lindsey, OTC, COF, ROT, CWCMS

**12:30 PM – 1:30 PM**

**Hand Therapy Certification Commission:  
Preparing for the CHT Exam**  
**1 CE Hour**

255 BC

Martin Walsh, OTR/L, CHT

**12:30 PM – 1:30 PM**

**International Luncheon: Healing Hands in  
the Middle East: Training Therapists to Treat  
Upper Extremity Combat Trauma**  
**1 CE Hour**

255 DEF

Aviva Wolff, EdD, OTR, CHT

**12:30 PM – 1:30 PM**

**Student Meet-Up**

255 A

Sarah Schmeda Kothe, OTD, OTR/L, CHT  
Stacy Hite, PT, DPT, MS, CHT

**1:45 PM – 2:45 PM**

**Scientific Session 1 | Sponsored by AHTF**  
**1 CE Hour**

HALL 3

**Improving Patient-Reported Outcome Measure  
Selection for Pediatric Hand Function**  
Meagan Pehnke, MS, OTR/L, CHT, CLT

**Relative Motion Extension Splint for Treatment  
Of Flexor Tendon Adhesions: Proof of Concept**  
Alta Fried, MS, OTR/L, CHT

**Exploring Centralized Mechanisms of  
Pain in persons with Non-Operative  
Thumb Carpometacarpal Osteoarthritis: A  
Quantitative Cross-sectional Study**  
Corey McGee, PhD, MS, OTR/L, CHT, FAOTA

**Social Media Use Amongst Occupational  
Therapists Serving Individuals with Upper  
Extremity Disorders**  
Laurie Rogers, DHSc, OT, CHT

**Implementation Determinants of Upper  
Extremity Injury Prevention Programs in Music  
Education: Insights from the Musculoskeletal  
Health for Musicians (MHM) Project**  
Aviva Wolff, EdD, OTR, CHT

### **Filling the Knowledge Cup: Making Every Drop Count for Hand Therapy Research**

April Cowan, OTR, OTD, CHT

### **Comparing Outcomes of Conservative Rehabilitation Protocols for Camptodactyly in Paediatric Patients: A Retrospective Cohort Study**

Emily Ho, PhD, OT Reg. (Ont.)

### **Determining the Inter and Intra Rater Reliability of the Complete Minnesota Dexterity Test in the Seated Position**

Sarah Doerrer, PhD, OTR/L, CHT, CLT

### **Exploring Rehabilitation Practices Following Nerve Transfer Surgery for Adult-Acquired Brachial Plexus Injury: An Online Survey of Therapists**

Joshua Lucas, OTS

### **Rehabilitation for Lateral Elbow Pain: A Comparative Effectiveness Pilot Randomized Controlled Trial (Preliminary Findings)**

Aviva Wolff, EdD, OTR, CHT

**2:45 PM – 3:30 PM**

**Plenary Session 5 | Nathalie Barr Award Lecture**  
**0.75 CE Hours**

**HALL 3**

### **Embracing our Challenges to Evolve and Elevate our Professional Specialty**

Gary Solomon, MBA, MS, OTR/L, CHT

**3:30 PM – 4:00 PM**

**Coffee Break, Exhibit Hall & e-Posters**

**4:00 PM – 4:30 PM**

**Plenary Session 6 | AAHS President-Elect**  
**0.5 CE Hours**

**HALL 3**

### **Understanding and Managing Thumb CMC Arthritis: An Alternative to Traditional Resection Arthroplasty**

Miguel A. Pirela Cruz, MD

**4:30 PM – 5:00 PM**

**Plenary Session 7 | Practice Division Update:  
Policy Trends & Hand Therapy**  
**0.5 CE Hours**

**HALL 3**

Ann Marie Feretti, EdD, OTR/L, CHT

5:00 PM – 5:15 PM

**Transition Break**

**5:15 PM – 6:15 PM**

**Instructional Concurrent Session 6**  
**1 CE Hour**

**355 BC**

**Embracing Imposter Syndrome: A Trail Guide to Finding Self-Compassion**

Sabrina Glover, OTD, OTR/L  
Theresa Hallenen, DHSc, MS, OTR/L, CHT  
Megan Vrooman, MOT, OTR/L

**255 BC**

**Advancing Professional Excellence in Traumatic Nerve Injury Rehabilitation: Comprehensive Treatment and Clinical Reasoning Strategies**

Ho Wing Kelvin Fung, PT, CHT

**255 DEF**

**Early vs. Late Ehlers Danlos Syndrome Diagnosis: How It Shapes Your Management Journey**

Saba Kamal, OTR, CHT

**355 EF**

**Clinical Practice Poster Spotlight 1**

**Enhancing Upper Extremity Rehabilitation Through Remote Therapeutic Monitoring (RTM): Innovations and Applications**

Jessie Perchaluk, OTD, MS, OTR/L, CHT, CLT

**The Use of Blood Flow Resistance Exercises in the Treatment of De Quervain's Tenosynovitis**

Steven Sorensen, PT, DPT, CHT, OCS

**A Novel Method to Quantify Thumb Stability During Pinch**

Nicole Hoover, MS, OTR, CHT

**Functional Neurological Disorder Explained: Recognizing Functional Behavior**

Hannah Gift, OTR/L, CHT, COMT, CEAS

**7:00 PM – 10:30 PM**

**Summit & Sip – "Après-Ski" Social Night (ticketed event)**

**GARDEN PLACE (OFF-SITE)**

**Buses will leave the Radisson Hotel at 7:00 PM**

## SATURDAY, OCTOBER 25

**8:00 AM – 9:00 AM**

### Instructional Concurrent Session 7 1 CE Hour

355 BC

#### Management of Upper Extremity Ballistic Injuries: A Surgeon and Hand Therapist's Perspective

Nicole Bickhart, OTD, OTR/L, CHT  
Alexander Hahn, MD

355 EF

#### Management of Extensor Tendon Injury Complications in Zones III Through Zone VII

Rebecca Saunders, BsPT, CHT

255 DEF

#### Collaborative Leadership for Sustainable Growth in Hand Therapy

Juliet Steffe, EdD, OTD, OTR/L, CHT  
Stephanie Strouse, OTD, OTR/L, CHT

255 BC

#### Identifying Complex Pain in Upper Extremity Patients

Karen Mainzer, OT, CHT, TPS  
Rhonda Marsh, OTR/L, CHT

9:00 AM – 9:15 AM

#### Transition Break

**9:15 AM – 10:15 AM**

### Instructional Concurrent Session 8 1 CE Hour

355 EF

#### Anchoring the Role of Hand Therapy into the Future of Upper Limb Prosthetics: An Exploration of the Considerations of Osseointegration

Kelly Dunbar Hawkins, OTR/L, CHT  
Brian Monroe, CPO  
Amy Todd, MS, OTR/L, CHT

255 BC

#### The Spastic Arm: Assessment Across the Lifespan

Kailey Bedford, MOT, OTR/L, CHT  
Hannah Gift, OTR/L, CHT, COMT, CEAS

355 BC

**Using Relative Motion Exercise Orthoses to Improve Hand Function and Manage Difficult Proximal Interphalangeal Joint Impairments**

Brian Bennett, OTR/L, CHT

Andrew Bracken, MOT, OTR/L, CHT

255 DEF

**Self-Care Toolbox for Clinicians: Tools and Techniques for Being Your Best Self and Enjoying Your Day at Work**

Stacy Hite, PT, DPT, MS, CHT

10:15 AM – 10:40 AM

**Coffee Break, Exhibit Hall & e-Posters**

**10:40 AM – 11:45 AM**

**Scientific Session 2 | Sponsored by AHTF**  
**1 CE Hour**

HALL 3

**Asymmetrical Arm Swing During Gait in Children with Brachial Plexus Birth Injury**

Meagan Pehnke, MS, OTR/L, CHT, CLT

**Aquatics Therapy for Brachial Plexus Birth Injury**

Jennifer Wingrat, ScD, OTR/L

**The Relationship Between Kinesiophobia and Disability in Persons with Thumb Carpometacarpal Osteoarthritis**

Filiz Dikmen, OTD, OTR/L

**Clinical Documentation Practices and Perspectives of Hand Therapists: A Cross-Sectional Survey Study**

Katherine Loomis, PhD, OTR/L, CHT

**Translation, Validity, and Reliability of the Thumb Disability Exam Questionnaire into Spanish**

Olga Hincapie, PT, DPT, CHT

**Casting Motion to Mobilize Stiffness Improves Range of Motion and Function in the Stiff Hand**

Kantessa Stewart, OTR/L, CHT

**The Impact of Early ADL Participation on Functional Outcomes Post Distal Radius Fracture: A Pilot Study**

Sarah Doerrer, PhD, OTR/L, CHT, CLT

**Effectiveness of Orthotic Devices After Cervical Spinal Cord Injury: A Systematic Review**

April Cowan, OTR, OTD, CHT

**An Exploratory Study on the Predictors of Lifelong Participation in Adults with Upper Limb Musculoskeletal Differences**

Emily Ho, PhD, OT Reg. (Ont.)

**Observed Treatment and Patient Characteristics Associated with Carpometacarpal Osteoarthritis in an Outpatient Occupational Therapy Setting**

Michele Auch, OTD, OTR/L, CHT

**11:45 AM – 12:15 PM**

**Plenary Session 8 | MacDermid Lifetime Scientific Award Lecture**  
**0.5 CE Hours**

HALL 3

**Lessons Learned from a 44-Year Research Career**

Virgil Mathiowetz, PhD, OTR/L, FAOTA

12:15 PM – 1:45 PM

**Lunch, Exhibits, Posters**

HALL 4

**12:30 PM – 1:00 PM**

**An Introduction to Myoelectric Technology in UE Rehabilitation – Hands-on Demo by Myomo**

355 BC

Stefanie Dunaway, MS, OTR/L, Clinical Services Manager, Myomo Inc.

**12:30 PM – 1:30 PM**

**Empowered to Lead: Shaping the Future of Hand Therapy**  
**1 CE Hour**

255 DEF

**Educating the Educator: Exploring Communication, Learning, and Teaching Styles to Promote Successful Fieldwork Opportunities**

Emilia Pollnow, MS, OTR/L, CHT



**Orthosis Online: A Tool Connecting Therapists to Clinical Orthosis Application**

Hayley Brown, Physiotherapist, CHT

**Standardized Hand Therapy Elective Course for Students Interested in a Level II Placement**

Adrienne Tesarek, OTR/L, CHT

**Sustaining a Volunteer Hand Clinic in the Navajo Nation**

Tauni Bird, OTD, OTR/L

**Development of a Pediatric Hand Therapy Fieldwork II Curriculum**

Jessica Knapp-Johnson, MOT, OTR/L, CHT

**Considerations and Resources for Managing Burnout with Specialized Practitioners in Rural Hospitals**

Elizabeth Allstadt, MS, OTR/L, CHT

**Teaming Up: Utilizing Microsoft Teams to Improve Intraorganizational Communication Between Therapists**

Courtney Wood, OTR/L, CHT

**Multidisciplinary Clinics: Enhancing Patient Outcomes with Advanced Therapy Practitioners**

Sarah Johnson, OTR/L

**Building Competencies and Confidence: Expanding Learning Pathways in Pediatric Hand Therapy**

Heather Hopkins, MA, OTR/L, CHT

**How Can Clinical Instructors Leverage Emotional Intelligence Assessments and Personality Profile Results to Improve Student Fieldwork Experiences and Performance?**

Sarah Whitworth, OTR, OTD, CHT

**Leading Change: Integrating Prehabilitation Before Elective Upper Extremity Surgery**

Tondalaya Brainard, DrOT, CHT, CLT

**1:45 PM – 2:30 PM****Plenary Session 9 | International Invited**  
**0.75 CE Hours**

HALL 3

**Splinting Throughout the Care Pathway:  
Between Clinical Reasoning and Practical  
Knowledge**

Grégory Mesplié, PT, CHT

**2:30 PM – 3:15 PM****Plenary Session 10 | Incoming Presidential  
Address, Named Awards, and Closing  
Remarks**  
**0.75 CE Hours**

HALL 3

**Atomic Advocacy**

Danielle Sparks, DHS, MOT, OTR, CHT

**Named Awards****Closing Remarks**

Kim Masker, OTD, OTR/L, CHT

Cara Smith, PT, DPT, CHT, MSHA

3:15 PM – 3:45 PM

**Coffee Break****3:45 PM – 4:45 PM****Instructional Concurrent Session 9**  
**1 CE Hour**

355 BC

**Increasing Entry-Level Upper Extremity  
Rehabilitation Competence for Students  
Seeking Employment in Outpatient Settings**

Maud Makoni, OTD, MA, CHT

255 BC

**Lifestyle Medicine Approaches for Chronic  
Pain and CRPS**

Kelli Garfield, OTR/L

255 DEF

**Is CMC Pain a Joint Problem or a Skin  
Problem?**

Alison Taylor, OTR/L, CHT, CKTI

355 EF

**Clinical Practice Poster Spotlight 2****Early Mobilization and Physiotherapy  
Techniques for Addressing Complications in  
High-TBSA Upper Extremity Burns: From Acute  
Care to Functional Independence - A Case  
Study**

Ho Wing Kelvin Fung, PT, CHT

**The Helping Hand: Enhancing Hand Therapy Education Through Cadaveric and Video-Based Learning Among Entry-Level Therapy Students**

Blayne Townsend, OTR, OTD

**Integrating Blood Flow Restriction as an Innovative Approach to Upper Extremity Rehabilitation**

Tara Ruppert, OTD, OTR/L, CHT

**Addressing Psychosocial Needs for Adults with Traumatic Upper Extremity Injuries and Pain Through a 4 Week Activity Group**

Julia Laughlin, OTD

4:45 PM – 5:00 PM

**Transition Break**

**5:00 PM – 6:00 PM**

**Instructional Concurrent Session 10**

**1 CE Hour**

355 BC

**What's to Love About the Little Finger? An Insider's Guide to the Little Finger and Digital Differences**

Louann Gaub, MSA, OTR/L, CHT

355 EF

**Optimizing Self-Management for Chronic Hand Pain: Barriers, Facilitators, and Clinician Perspectives**

Ricky Altahif, OTD, OTR, CHT

Christine Davis, OTD, OTR

255 DEF

**Hand Therapy Fellowships: A Look Back Over 10 Years. What We have Learned, What is the Current State, and How to Grow for the Future**

Peggy Faussett, MOTR/L, CHT

Sarah Schmeda Kothe, OTD, OTR/L, CHT

Jeremy Jackson, OTD, OTR/L

Alexandra MacKenzie, OTR/L, CHT

Ranee Munaim, MS, OTR/L, CHT

Virginia H. O'Brien, OTD, OTR/L, CHT

255 BC

**Hand Therapist's Management of Wrist Injuries in Softball and Baseball Players**

Michael Mueller, OTR/L, CHT

Alexandra Vertus, MS, OTR/L, CHT

6:00 PM – 6:15 PM

**Transition Break**

6:15 PM – 7:45 PM

AHTF Happy Hour with a Scholar  
(ticketed event)

1 CE Hour

255 DEF

50 Years of Relative Motion: Changing Practice  
Underwritten by North Coast Medical

Julianne W. Howell, PT, MS, CHT

## ON-DEMAND SESSIONS

All plenary and concurrent sessions recorded onsite in Salt Lake City will be available on ASHT's on-demand platform from November 10, 2025 through September 1, 2026. In-person attendees can revisit their favorite sessions or watch sessions they may have missed. This is for viewing pleasure only. Credits cannot be obtained from watching content in the on-demand library.

## ONLINE EVALUATION & CE CERTIFICATE SITE

In-person attendees will receive an email on Thursday, October 23 when the online evaluation portal opens. Through the portal, attendees can evaluate the sessions they attended in Salt Lake City and print their CE certificate. **CE certificates must be retrieved by January 31, 2026, as this is the last day the portal will be open.**

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The ASHT Annual Meeting is a professional, scientific meeting. ASHT does not permit anyone under the age of 18 to attend Pre-Conference Institutes, plenary, instructional concurrent, scientific and poster sessions, exposition and social events. For safety reasons, only registered exhibitors and poster presenters are permitted in the exposition/poster hall during setup and take-down hours. Anyone 18+ must register and buy applicable individual tickets if not attending/registering as a student.

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- Failing to stop unacceptable behavior when requested by a participant or ASHT

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United States antitrust law is a collection of federal and state government laws, which regulates the conduct and organization of business corporations, generally to promote fair competition for the benefit of consumers. Antitrust law prohibits the exchange of information among competitors or collusive practices that would minimize competition or result in the restraint of trade.

## **POTENTIAL AREAS FOR ANTITRUST VIOLATION**

- Pricing of services
- Surveys
- Membership exclusion or expulsion
- Product standards
- Code of ethics
- Standard setting
- Articles, publications, website
- Discussion forums
- Meetings, speakers
- Certification
- Tradeshow and advertising exclusion
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- Discount programs

To ensure that the Society and its members comply with antitrust laws, the following principles will be observed:

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- There will be no discussions discouraging or withholding patronage or services from or encouraging exclusive dealing with any supplier or purchaser or group of suppliers or purchasers of products and services, any actual or potential competitor or group of actual potential competitors, or any private or governmental entity

[illegible]



## NOTES

[illegible]

[illegible]



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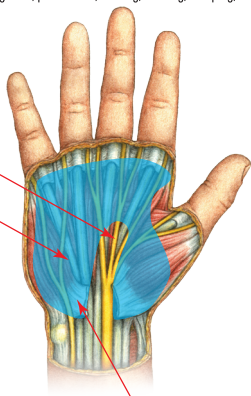
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Any job that involves prolonged pressure, gripping, repeated impact, or vibration on the palm of the hand could benefit from the nerve protection of the Dr. Spitzer design. Examples include (but are not limited to) vibrating tools, power tools, riveting, sanding, crimping, cutting tools, welding, impact tools, hammering, air powered tools and chain saws.



**Channel Over the  
Median Nerve Eliminates  
External Pressure**

**Padding Protects  
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Vibration & Impact**



### Work -

**Manufacturing Jobs Using Tools, Especially those  
Requiring a Firm Grip of Vibrating or Power Tools,  
Jobs Requiring Pushing with the Palm of the Hand**

Pressure reduction on the nerve confirmed in an independent study presented at ASHT 2024, poster session:

A Comparative Study of Median Nerve Pressure with Different Gloves in Cycling Jeanine Beasley, EdD, OTR, CHT, FAOTA; Genevieve Wisby, MSE; Wendy Reffeor, PhD; and Yunju Lee, PhD

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### Some Specific Examples of Uses Include, But Are Not Limited to:

#### Professions:

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