**#ASHT2024 “Flights”  
Instructional Concurrent Sessions and Lunchtime Sessions: Tracks for Your Convenience!**

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| **Foundations Track** | |
| Fri 8:00 AM | The Science and Art of Measurement in Hand Therapy |
| Complicated PIP Injuries: A Collaborative Approach Between the Surgeon and Hand Therapist |
| Fri 9:15 AM | Cross Your Fingers! Keys to Successful Nerve Transfer Surgery and Rehabilitation to Maximize Function in the Ulnar Intrinsic Muscles |
| Fri 12:15 PM | *[Lunchtime session]* Hand Therapy Certification Commission: Preparing for the CHT Exam |
| Fri 1:30 PM | Wrist Salvage Procedures: Surgical and Therapeutic Clinical Decision Making |
| Fri 5:15 PM | Promotion of Self-Management in Hand Arthritis |
| Sat 7:45 AM | Who, What, and When to Dose: Exercise Prescription for Achieving Therapy and Fitness Goals |
| Pediatric Hands: More than Just Child’s Play |
| Sat 9:00 AM | Looking Upstream for Downstream Problems: Comprehensive Management of Distal Nerve Compressions |
| Sat 12:45 PM | *[Lunchtime session]* **Student Meet-Up**: Hand Therapy Fellowships: Post Graduate Hand Therapy Opportunities *\*\*For students only (no CE hours)* |
| Sat 5:00 PM | What to Do When There Is No Protocol? Applying Evidence Based Practice to Solve Everyday Clinical Problems |
| Sun 8:00 AM | Treating the Whole Person: The Intersection of Psychology and Hand Therapy |
| Sun 9:15 AM | Addressing the Knowledge Gap: Using Inclusive Communication in Hand Therapy to Improve Client Outcomes |
| Sun 10:30 AM | Sensational Treatment Planning: Optimizing Neuroplasticity Principles in Sensory Re-education |

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| **Established Track** | |
| Fri 8:00 AM | Stronger Together: A Collaborative Approach to Intervention Planning for Patients with Upper Extremity Neuromotor Impairment |
| Update on Early Motion for Complex Hand Injuries |
| Fri 9:15 AM | Building a Multidisciplinary Clinic for Upper Extremity Amputees: A Collaboration Between Surgery, Rehabilitation, Prosthetics, and Behavioral Health |
| Fri 1:30 PM | A Practical Approach to Treating the Triumphant Trio: Harnessing the Biomechanical Linkage of the Cervical, Thoracic Spine, and Scapulae to Maximize Upper Extremity Outcomes |
| Fri 5:15 PM | Innovative Career Paths: Trailblazing Leaders Inspiring Hand and Upper Extremity Therapists |
| Sat 7:45 AM | Empowering Hands: A Journey into Launching Your Own Hand Therapy Private Practice |
| Sat 9:00 AM | Yes! You Can Accelerate Athletes for Safe Return to Sport: A Surgical and Rehabilitation Collaboration |
| Sat 1:00 PM | *[Lunchtime session]* International Luncheon: "Breaking Barriers to International Volunteerism" |
| *[Lunchtime session]* AOTF: Advancing the Science of Occupational Therapy, Strengthening Practice Through Philanthropy and Research |
| Sat 5:00 PM | Brachial Plexus Injuries: A Team Approach to Care |
| Sun 8:00 AM | The Pearls and Pitfalls of Free Functional Muscle Transfers |
| Sun 9:15 AM | Hypermobility and High Demands: Upper Extremity Rehabilitation of the Hypermobile Female Athlete |
| Sun 10:30 AM | Mentorship: Advancing Novice Professionals into Exceptional Upper Extremity Therapists |